

THE GREEN GOOSE 2010

BREAKFAST UNTIL 12PM

SOURDOUGH TOAST v **8**
White / Multigrain / Raisin
Organic artisan stoneground (2) served w/ Pepe
Saya gourmet cultured butter, French jams,
vegemite, honey, peanut butter or marmalade

GLUTEN FREE TOAST v **9**
Matisse buckwheat sourdough (2)
w/extras as above

GABS G17 : GRANOLA **16**
Signature granola house blend made sugar free,
unique 17 ingredient bowl of healthy goodness w/
seasonal fresh fruit & Greek natural yoghurt
**** contains hazelnuts ****

G:17 GRANOLA BAG - 500 GMS : \$14.5 | TAKE HOME PACK

BRAZILIAN BREKKY BOWL v **17**
Frozen super food bowl of Acai berries blended w/
avocado, banana & watermelon juice served w/our
signature G17 house Granola & seasonal fresh fruit

DISPLAY FOOD

GOURMET PANINI, SANDWICHES,
BAGUETTES, CROISSANTS & BAGELS

CAKES | SWEETS | TREATS

** available to sit in or take away **

DIETARIES INFO :

VG | Vegetarian, V | Vegan, DF | Dairy Free,
GF | Gluten Free, GFO | Gluten Free Option
VO | Vegan Option

PREMIUM SUPPLIERS

Coffee / St.Ali premium coffee roasters
Bread / Dench artisan sourdough bakers
Gluten free / Matisse bakers
Eggs / Sth Gippsland Eggs - free range
Pastries / Noisette patisserie

ALL DAY BREAKFAST

FLO MEETS BENEDICT GFO **22.5**
Sautéed greens, two free range poached eggs,
hollandaise sauce on organic sourdough toast w/
(1) bacon & crispy apple batons (or)
(2) smoked salmon & umami clam pearls

THE TEXAN BEN GFO **24.5**
our own unique gourmet creation
Organic sourdough toast layered w/ sliced avocado,
mild smoked chorizo, spicy house baked beans, two
free range poached eggs, hollandaise sauce &
crispy apple batons

PUMPKIN FRITTERS (Latkes) GF/DF/VG **22.5**
Signature potato & pumpkin latkes (hand made &
oven baked) w/our house BBQ sauce, cannellini
bean hommus, wild rocket, smashed avocado, a
fresh tomato, cucumber & corn salsa topped w/
a poached egg.

side of bacon +5.5
smoked salmon +6

EGGS YOUR WAY DF **12**
Free range eggs : poached, scrambled or fried w/
buttered organic sourdough (plain or multigrain)
toast

gluten free +1
chilli scrambled eggs (DF) +1

**** please note ****
our scrambled eggs are cracked fresh to
order - no premix used

SIDES | EXTRAS

Sourdough / gluten free bread (V) **1**
Free range egg **3**
Roasted roma tomatoes, **5.5**
Thyme roasted mushroom **5.5**
Sautéed mixed greens (in olive oil) **5.5**
Mild smoked chorizo (GF) **5.5**
Bacon (GF) **5.5**
Avocado sliced w/lemon wedge **5.5**
Fjord smoked salmon **6**
Pan fried Halloumi w/lemon wedge **6.5**
Thick cut chips (GF) **10.5**
w/house lemon basil aioli & tomato sauce

LUNCH FROM 12 - 3PM DAILY

SOUP OF THE DAY **14.5**
Enjoy our ever popular soups, now available for the
winter season. Please check our specials board

WAGYU BEEF BURGER GFO **17.5**
Pure wagyu beef 150gm pattie in a seeded
brioche bun w/Dijon mustard, fresh tomato, bacon,
caramelised onion, American cheddar cheese,
lettuce, house beetroot relish & pickle on top..
(no bread option available)

fried egg +3
side of chips +5.5
gluten free bun +1

STEAK SANDWICH GFO **27.5**
250g Black Angus (thick cut) Scotch fillet, perfectly
cooked to your liking served in Turkish bread w/
house mayo, fresh tomato, caramelised onions,
lettuce & side of house beetroot relish.
(no bread option available)

side of chips +5.5
2 fried eggs +5.5
gluten free bread +2

POWER GREENS BOWL GF/VG/VO **23.5**
high in antioxidants, protein, low GI

Forbidden Rice (a mix of black, white & brown) w/
sautéed mixed greens, asparagus, green beans,
avocado, spicy mushrooms, pan fried haloumi, a
poached egg & lemon wedge.

side of bacon or chorizo +5.5
smoked salmon +6

FISH OF THE DAY GF/DF **25.5**
Please check our specials board for our beautiful
rotating gourmet fish selection today

DAILY SPECIALS AVAILABLE
KITCHEN CLOSERS | 3PM DAILY

SALADS & SIDES

GOURMET SALADS on display & made fresh daily
Side serve. **7.5**
Single serve **14.5**
Mix of 2 salads **17.5**

SALAD EXTRAS
free range egg +3
sliced avocado +5.5
smoked salmon +6

**PLEASE ALERT US OF ANY
ALLERGIES**

**NO MENU CHANGES | NO SPLIT BILLS
DURING BUSY PERIODS**

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CAFE | BREAKFAST | LUNCH



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PAY CASH & RECEIVE

10% OFF

YOUR TOTAL BILL

SURCHARGE APPLIED ON ALL CREDIT CARDS

DRINKS MENU

HOT DRINKS

PREMIUM BOUTIQUE COFFEE - House Blend
by St.Ali coffee roasters Melbourne

Orthodox : Medium roast espresso blend
Notes : Milk chocolate, apple jam, fudge
Country : Brazil/Colombia

ORTHODOX BEANS - 250 GMS : \$15 | 1KG : \$49
SINGLE ORIGIN BEANS - 250 GMS : \$20 | 1KG : \$70

White 4.5
Black (ST.Ali premium : Single Origin Boutique) 5
Soy / Almond / Oat / Lactose free / Decaf .5

HOT CHOCOLATE 5
WHITE / MINT / DARK HOT CHOCOLATE 5.5

MOCHA 5

PRANA WET CHAI - Masala blend 5

MATCHA LATTE - Matcha Maiden 5
TURMERIC LATTE - Golden Grind 5

TEAS by Tea leaves Sassafras

Black Tea 5.5
Premium English breakfast, Earl grey classic

Herbal Tea 5.5
Peppermint, Chamomile, Lemongrass & ginger

Green Tea 5.5
Classic China sencha - classic plain green tea
Japanese quince - green tea w/ freshness of quince.

Chai 5.5
Assam tea blended w/ rich warm spices of cinnamon, cloves, cardamom pods & ginger.

We Treat YOU like part of OUR Family

THE GREEN GOOSE
EST. 2010

COLD DRINKS

SAN PELLEGRINO
Sparkling Mineral Water
250ml/ 1ltr 3.8/8

Sparkling Flavoured Mineral Water
Limonata/ chinotto/ pompelmo/ rossa 4.5

SOFT DRINKS 4.5
Coke/ diet/ no sugar/ sprite
Two Boys Brew : ginger beer

LEMON/ LIME/ BITTERS 5.5

ORGANIC BOTTLED JUICES P.S Organic 5.5
Orange / Apple / Orange, apple, mango / Pineapple
Passionfruit, orange, apple

ORGANIC KOMBUCHA Happy Hippie 5.5
Ginger tonic/ Raspberry Fusion/ Passionfruit

ICED LATTE St.Ali 5.5
served chilled over ice

FRESH JUICE

PICK UR MIX - 20 oz 8.5
Orange, apple, watermelon, carrot or celery
add cucumber, beetroot, spinach, lemon, ginger or mint

THE HEALTH TONIC - 20oz 8.5
Apple, beetroot, carrot, celery & ginger

KICK STARTER - 20oz 8.5
Orange, apple, watermelon & ginger

MINTY MELON - 20oz 8.5
Watermelon & loads of mint
add apple for extra zing

SPICE ME UP - 20oz 8.5
Carrot, orange, turmeric & ginger

SUMMER GOOSE - 20oz 9.5
San bitters over ice w/ freshly squeezed OJ.
Think NON-ALCOHOLIC Campari & orange!

MAKE ME GREEN / T.H.D - 20oz 8.5
Celery, apple, spinach, lemon, cucumber & ginger

SMOOTHIES | SHAKES

BANANA SMOOTHIE DFO 9
Whole fresh banana, pure cinnamon, honey,
milk, greek natural yoghurt
w/ soy/ almond/ oat +1

BERRY SMOOTHIE DF V 9
Raspberries, blackberries, blueberries, fresh
banana, LSA & almond milk (or coconut water)

ACAI SMOOTHIE DF V 9.5
Frozen Acai berries, raw coconut water
& real bananas.

GREEN SMOOTHIE DF V 9.5
Mixed leaves, spinach, celery, apple, avocado,
ginger, mint, honey, chia, lemon, coconut water
add banana +50c

MILKSHAKES / THICKSHAKES 7/9
Vanilla, chocolate, strawberry, caramel, coffee
mocha +1

PEANUTELLA THICKSHAKE 9.5
Peanut butter & nutella w/ loads of ice cream

COOKIES 'N CREAM THICKSHAKE 9.5
Triple chocolate, sprinkles & oreo crunchie
biscuits & stacks of ice cream

ICED CHOCOLATE or COFFEE 7
w/ ice cream & milk
mocha +50c

AFFOGATO 5.5
Espresso over ice cream
W/ AMARETTO (almond liquer) +6



Instagram

scan for our food pics on instagram

BEER | WINE | CIDER

BEER | CIDER
Asahi 8
Corona | Mexico 8
Pale Ale | John Boston 8

Pilsner | Moo Brew 10

Crisp Apple Cider | 5 Seeds 8
Pear Cider | The Hills 8

WINES
Sparkling | Minchinbury "classic brut" 9 / 34
Prosecco | Ca Bolani DOC Italy 10 / 45

Sauvignon Blanc | Toi Toi 10 / 38
Marlborough N.Z 2018

Chardonnay | Mad Fish "Gold Turtle" 10 / 38
Margaret River W.A 2018

Pinot Grigio | The Killer IGT 9 / 36
Veneto Italia 2018

Rose | Arrogant Frog France 2018 9 / 36

Pinot Noir | 19 Crimes 10 / 38
South East Australia 2019

Caub Sauv | Wynns "The Siding" 9 / 38
Coonawarra Estate S.A 2017

Tempranillo | DOC Rioja 9 / 38
Campo Viejo ESP 2016

Shiraz | Duck Duck Goose 10 / 42
Barossa Valley SA 2017

CLASSIC MIXED DRINKS

Scotch (soda/dry or coke) 10

Campari (soda or orange) 10

Aperol Spritz (aperol/prosecco/soda) 12

Negroni (Campari/vermouth/gin) 15

Bloody Mary (Green Goose classic mix) 15

Espresso Martini 16
(Vodka/espresso/kahlua/galliano)

GOOD FOOD | GOOD PEOPLE | GOOD COFFEE

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